

## Weekly Field Placement Journal

Name: Mike Hoback

Week of: 12/17/2012-12/23/2012

Hours worked this week: 27

Total hours this semester: 437.5

### **Describe meaningful *learning activities/experiences* for this past week.**

This week much of my time was spent completing biopsychosocial and alcohol and other drug abuse assessments. I also finished completing an early intervention reference sheet that probation officers can use while in the field and their clients are facing crisis. I also reviewed current best practices that are being implemented in individual counseling. I also completed my decision-making guide based on the NASW code of ethics for analysis of complex practice environments.

### **1. Analyze experiences you engaged in this week that challenged you to use what you've learned in a social work course including:**

#### **a. Describe how learning experiences fulfilled *practice behaviors*.**

Completing the early intervention reference sheet helped me work towards competency 2: Apply social work ethical principles to guide professional practice-Demonstrate leadership in tolerance of ambiguity in resolving ethical conflicts. Reviewing current best practices that are being implemented in individual counseling helped me work towards competency 6: Engage in research-informed practice and practice-informed research-Engage in systematic review of contemporary best practice. Completing my decision-making guide helped me work towards competency 2: apply social work ethical principles to guide professional practice-develop a framework, using ethical considerations, for analysis of complex practice environments.

#### **b. Discuss how you implemented learning from class work.**

Ever since the start of the MSW program the NASW code of ethics has been drilled into our brains and as I move further into my new found career I have started to see how and why these ethics are an important aspect of what we do every day. Using these codes as a foundation in which to base my decision making guide has helped me provide my clients with the best possible service while at the same time helping me remain professional. Developing the early intervention guide which will be given to probation officers to help assist them in determining when to refer their clients to the FSW program was somewhat of a challenge however last year when we did this in class and referenced the DSM it gave me an outline in which to follow and what the characteristics of certain disorders were.

**2. Describe areas of growth or concern to address during supervision.**

This week I felt somewhat overwhelmed with the case load I have been working with. I'm not sure if it was due to the holidays coming up or if the schedule was just catching up with me. I found myself working more and more with clients and having little time for paperwork and record keeping which caused me to work longer hours and just feel "drained". I remember in class we discussed self-care and I decided that it was time for me to implement some self-care interventions and take a week vacation and get away from the office.

**3. Supervisor comments:**

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Student Signature

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Date

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Field Instructor

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Date