



Weekly Field Placement Journal

Name: Mike Hoback

Week of: 2/04/2013-2/10/2013

Hours worked this week: 19.5

Total hours this semester: 533.0

Describe meaningful *learning activities/experiences* for this past week.

This week we had our first class for the 2013 Relapse Prevention Class. The turnout for the class was great and I think it went great. The group spent the first session getting to know each other, setting the rules and going over their expectations for the upcoming weeks. They also took a drug self-report and a personality test and discussed their responses and their feeling with the group. After the group meeting I had to document the attendance of all the clients and update their case files to ensure they were up to date. During one of the group breaks I was approached by one of the members who need help in dealing with a diagnosed mental condition which he cannot get his medication for. Myself and my co-facilitator Tracy Nalory discussed options in which we might be able to use a state funded grant to help him get the medications he needs. I then discussed the issue with my field supervisor who worked the individual into outpatient services which will help him obtain ongoing counseling for his drug use while at the same time help him with his mental disability. I also spent time at the Chattanooga City Council in which veterans disabilities were discussed. The issues to be addressed were passed until an unspecified time but we discussed the issues with several council members outside the meeting.

1. Analyze experiences you engaged in this week that challenged you to use what you've learned in a social work course including:

a. Describe how learning experiences fulfilled *practice behaviors*.

Starting the relapse prevention class helped me work towards competency 10: Engage, assess, intervene, and evaluate with individuals, families, groups, organizations, and communities-Implement and integrate evidence-based interventions across key advanced practice roles such as clinician, administrator, and community organizer. Dealing with the client who needed outside help in getting medications for his mental disorders helped me work towards competency 2: Apply social work ethical principles to guide professional practice-demonstrate autonomous ethical use-of-self and value-grounded practice. Documenting the group progress and updating client case files helped me work towards competency 3: Apply critical thinking to inform and communicate professional judgments-demonstrate advanced oral and written communication skills in critical decision-making contexts. Meeting with city council members helped me work

towards competency 10: Engage, assess, intervene, and evaluate with individuals, families, groups, organizations, and communities-Initiate culturally responsive relationships with key stakeholders across systems.

b. Discuss how you implemented learning from class work.

This week we started our relapse prevention group and even though doing other groups I was still somewhat nervous about facilitating the group. As I prepared I remember in class we cover how to stay on focus and how to bring the group back if they lose track. I also went back over cutting in and summarizing during the group. Conducting the group videos in class and also the group class helped me to conduct a very beneficial group this week.

2. Describe areas of growth or concern to address during supervision.

I think the group went well I as the time went on I gained more confidence that I would be able to handle the group. I felt like I had control of where the topic was going and getting the clients to interact with the class. In the class I have a great co-facilitator which can be both good and bad for me. I learn a lot just from watching her and feeding off her in the groups but at the same time there are times when I wonder if I'll ever be as good as she is or that I might not be able to work at her level. But all in all it's a great learning experience and each time I walk away feeling more confident and gaining new knowledge.

3. Supervisor comments:

Student Signature

Date

Field Instructor

Date