



## Weekly Field Placement Journal

Name: Mike Hoback

Week of: 2/11/2013-2/17/2013

Hours worked this week: 16.5

Total hours this semester: 549.5

### **Describe meaningful *learning activities/experiences* for this past week.**

This week I spent time working on the case files for the members of our relapse prevention group to ensure that all information and progress was properly documented and up to date. We also spent time in the group challenging the member's beliefs about CBT therapeutic strategies. I also spent time working with civic organizations in the city of Chattanooga in regards to the upcoming election and to ensure that change takes place within the city council.

### **1. Analyze experiences you engaged in this week that challenged you to use what you've learned in a social work course including:**

#### **a. Describe how learning experiences fulfilled *practice behaviors*.**

Completing client case files for the members of the relapse prevention group to ensure that all information and progress is properly documented and up to date helped me work towards competency 3: Apply critical thinking to inform and communicate professional judgments – Demonstrate advanced oral and written communication skills in critical decision making contexts.

Working with the relapse prevention group and challenging the members beliefs about CBT therapeutic strategies helped me work towards competency 10: Engage, assess, intervene, and evaluate with individuals, families, groups, organizations, and communities- Implement and integrate evidence-based interventions across key advanced practice roles such as Clinician, Administrator, and Community Organizer.

Working with local civic organizations in the city of Chattanooga to ensure change in the upcoming election helped me work towards competency 5:

Advance human rights and social and economic justice- Design and implement social action strategies.

#### **b. Discuss how you implemented learning from class work.**

Conducting groups last semester and recording the session really helped me when working with my own group here. As more and more time passes working in this group I find that I am becoming more comfortable and able to keep the group focused. Just last week we discussed working in groups and another student brought up the idea of writing the agenda out on the board for the group to not only hear what we were going to cover

but they could also see it and refer back to it if we got of focus. I had not been writing the agenda out for the group and I believe this may in fact help me even more.

**2. Describe areas of growth or concern to address during supervision.**

I believe that I did pretty well this week in incorporating the agenda into the group setting. I use the agenda when working with individual clients however it never really dawned on me until someone brought it up in class. Having the agenda visible made it easier to stay focused and ensured we covered the material we needed in the allotted time.

**3. Supervisor comments:**

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Student Signature

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Date

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Field Instructor

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Date