



## Weekly Field Placement Journal

Name: Mike Hoback

Week of: 1/14/2013-1/20/2013

Hours worked this week: 25

Total hours this semester: 485.5

### **Describe meaningful *learning activities/experiences* for this past week.**

This week I spent time writing letters to clients about their upcoming group therapy class. I also called and spoke with them to ensure that their address were correct and let them know we would be sending out the letters with the details about the class in the next few days. I also had a session with a client that was experiencing crisis in their life. The client had just recently lost his mother and was having episodes of depression.

### **1. Analyze experiences you engaged in this week that challenged you to use what you've learned in a social work course including:**

#### **a. Describe how learning experiences fulfilled *practice behaviors*.**

Calling and writing to clients about the upcoming group meeting to ensure they were aware of the dates and any new progress in their case helped me work toward Competency 3: Apply Critical thinking to inform and communicate professional judgments- Demonstrate advanced oral and written communication skills in critical decision-making contexts. Counseling a client through a crisis (Death), helped me work towards Competency 1: Identify as a professional social worker and conduct oneself accordingly- Identify professional strengths, limitations, and challenges for optimizing advanced use-of-self.

#### **b. Discuss how you implemented learning from class work.**

In clinical practice last year we made case files to ensure all necessary paperwork was completed in client case files. This has helped me when reviewing case files of my clients and ensuring that all paperwork is up to date and accurate. One of the main issues that arose in class was the clients phone number and was it still up to date. I now review my ongoing case files and ensure that the clients address and phone numbers are working which helped me this week when contacting these clients for their Relapse prevention group. Also in the Solution focused brief therapy class we learned about grief recovery with clients and the stages in which they will pass when dealing with a crisis such as a death. This helped me meet the client where they were by helping me understand that these are common phases of grief.

**2. Describe areas of growth or concern to address during supervision.**

This week was busy dealing with the upcoming group sessions and preparing all the material needed for the class. While making the packets I reviewed the material and got a better understanding of exactly what the class will encompass and has given me more knowledge on the topic of relapse prevention.

**3. Supervisor comments:**

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Student Signature

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Date

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Field Instructor

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Date