

Warning Signs for FSW Intervention

Low risk- Document warning sign and check for it next visit. If it is there move it up to medium risk.

1. Disheveled appearance (ex. client is wearing clothing that is dirty or torn)
2. Overconfident (ex. I'll never use or drink again)
3. Decrease in personal hygiene (ex. client has body odor or bad breath)
4. Loss of interest (ex. client used to watch NASCAR weekly but now doesn't watch it at all)
5. Increased Self Esteem (ex. I've got this thing licked)
6. Fantasizing (ex. client all of a sudden has a get rich quick scheme that will solve all his problems)
7. Fuzzy thinking (ex. client has you repeat your questions)
8. Failure (ex. client can't find a job no matter how hard they try)
9. Wishful thinking (ex. client says "If only I would have never gotten in trouble my life would be fine")
10. Irregular eating habits (ex. client starts under eating or overeating)
11. Too much or too little sleep (ex. getting 10 hours or 5 hours of sleep)
12. Self pity (ex. client sees his responsibilities as unreasonable and not fair)
13. Accident prone (ex. client is getting injured at an unusual high frequency or in unusual circumstances)

Medium risk- Address the issue with client and use discernment whether or not a FSW referral is necessary or not. If in doubt please ask the FSW on duty. 423-478-0313 x124

1. Unrealistic thinking (ex. client's issues seem more severe than they should)
2. Feeling overwhelmed (ex. client's boyfriend/girlfriend breaks up with them and the client thinks it is the end of the world)
3. Change in mood (ex. client seems drastically happier or sadder than last visit)
4. Unbalanced behavior (ex. client's working 60 hours a week as a way of avoiding issues like recovery and family)
5. Isolation (ex. client used to be very socially active but now barely leaves the house)
6. Worried about the wrong person (ex. I have to take care of my mom)
7. Defense with no offense (ex. client says I'm not using when the question wasn't asked)
8. No planning (ex. client does not have any plans for tomorrow let alone their future)
9. Stops using support groups (ex. client stops going to church)
10. Deceitful (ex. client fabricates stories why he couldn't make it to their appointment last month)

High risk- Refer to FSW

1. Depressive comments (ex. I'm worthless)
2. Aggressive comments (ex. he's the reason I'm in this mess)
3. Suffers loss (ex. someone close to client dies)
4. Apathy (ex. client uses phrases like "I don't care anymore")