

LEARNING MODALITIES CHECKLIST

Check items in each category that describe an individual student. The strongest learning modality or modalities will be those with the most items checked.

Student Name _____

Visual learners

- Are good with detail
- Learn by seeing, watching demonstrations
- Often remember whatever they have written down
- Can recall the placement of words and pictures on a page
- Like descriptive reading
- Enjoy and learn from visual displays and colors
- Recognize words by sight and people by face rather than name
- Have a vivid imagination and think in pictures
- Are deliberate problem solvers and plan solutions in advance
- Facial expressions are a good indication of their emotions

Auditory/Verbal learners

- Enjoy listening but are always ready to talk
- Like music, rap, poetry, rhyming words
- Enjoy dialogues, skits and debates
- Have auditory word attack skills and learn words phonetically
- Talk to themselves, repeating information aloud
- Are distracted by sounds
- Talk out problems and the pros and cons of a situation
- Express emotion through changes in pitch, tone and volume of voice
- Are not detail persons; tend to be global thinkers
- Learn through verbal instructions from others or themselves

GOAL SETTING

or . . .

WHERE DO YOU WANT TO GO

AND

HOW DO YOU PLAN TO GET THERE?

1. What school related goals would like to work toward during the next grading period?

- a. _____
- b. _____
- c. _____

How do you expect to achieve you these goals?

- a. _____
- b. _____
- c. _____

During this school year?

- a. _____
- b. _____

- a. _____
- b. _____

After high school?

- a. _____
- b. _____

- a. _____
- b. _____

2. What personal goals would you like to achieve in the next six months?

- a. _____
- b. _____
- c. _____

How do you hope to achieve these goals?

- a. _____
- b. _____
- c. _____

Within the next year or two?

- a. _____
- b. _____

- a. _____
- b. _____