

EDUCATION

August 2018 –
August 2020

Southern Adventist University
Master of Social Work, School Social Work Emphasis

August 2013 -
May 2017

The University of Tennessee, Chattanooga
Bachelor of Sciences in Psychology, Liberal Arts Concentration

WORK & EXPERIENCE

September 2019 –
Present

School Social Work Graduate Intern, Chickamauga City Schools, Chickamauga GA
Review student grades and attendance in order to ensure that individuals are maintaining appropriate academic performance. Meet one-on-one with students who are falling behind or are referred by school staff to understand what needs might exist. Connect with teachers, counselors, and staff to hear about concerns, needs, ideas, or events which might help to better the educational atmosphere within the school. Direct students, parents, or staff persons to appropriate resources, interventions, or information which might address specific student or teacher needs. Attend community meetings and trainings to network, share ideas, stay up-to-date, and learn about relevant research.

October 2018 –
June 2019

Social Work Intern, Baby University of Signal Centers, Chattanooga TN
Utilized interpersonal skills to empathize and connect with parents who were expecting or with a child age 0 – 5. Assisted program case managers with home visits, administered assessments, analyzed cases and communicated with clients. Aided the program director in execution of tasks including scheduling meetings, filing paperwork and editing letters. Communicated with partners and community members about events and donation information. Accompanied staff at outreach events and assisted with the general flow of the organization.

July 2017 –
January 2019

Administrative Assistant, Freedom Warranty, Chattanooga TN
Assisted the office manager and president with the overall flow of company details. Arranged meetings, events, and travel plans for employees and investors. Created and organized company documents such as contracts, client records, reports and receipts. Brainstormed and executed marketing ideas to promote the business name. Organized projects intended to build relationships with the community and business partners.

May 2016 –
August 2016

Student Practicum, Moccasin Bend Mental Health Institute, Chattanooga TN
Assisted the Adjunctive Therapy Unit and paired with the recreational therapists. Organized classes and oversaw activities including cooking, expressive music and writing, anger management, stress management, and help with depression and anxiety. Tended to patients in ensuring they felt comfortable, assisted them in their therapeutic activities, and transported them between units.

VOLUNTEER

March 2014 –
May 2017

Young Life Chattanooga, Leader at Girls Preparatory School, Chattanooga, TN
Coordinated group events twice a week. Created an enjoyable atmosphere for children to interact in activities and participate in games. Mentored one-on-one with individuals outside of school. Organized fundraising events for children to attend camp. Assisted staff on work crew at weekend and summer week-long camp events.

August 2014 –
Present

The House Ministries at UTC, Chattanooga, TN
Meet individually with freshmen girls to help them feel recognized and comfortable in their transition to college life. Design campus advertisements, event decorations, and artwork to support the organization. Assist in campus orientations and fundraisers. Host weekly small-group events for college girls who are active in the ministry.

January 2017 –
July 2017

Research Assistant in Department of Psychology, Dr. Amanda Clark, the University of Tennessee, Chattanooga
Organized data collection plans, gathered supplies and administered experiments to participants, reported data. Brainstormed and researched content which would be relevant, useful, or helpful to the lead researcher's work.

ACTIVITIES & AWARDS

Phi Alpha Honor Society, Dean's List, MSW Excellence in Field Award, CITI Research Training, Chattanooga Women's Leadership Institute, School Social Workers Association of Georgia, Mayor's Council for Women.

SKILLS

Active listening, one-on-one and small group communication, effective written communication, incorporating evidence-based practices, professional boundary-setting, understanding of human development, interacting with children and adolescence, public speaking, utilizing empathy and empowerment, time management, organization, small group facilitation, conducting and interpreting statistical analyses, and behavioral analysis.