

CASE MANAGEMENT INTERVIEW

By: Samir Khalil

VIDEO

- <https://youtu.be/J1rOv1S4LPA?t=798>
 - From minute 13:18 to 16:18

MY CLIENT

- Client is a 31-year-old woman from Florida living in Tennessee
- Her husband has been abusing her since they got married
- The client has three children (aged 2, 4 and 6)
- Has very limited access to resources
- She is unemployed (housewife) but has a degree in nursing.
- Is interested in returning to her parents in Florida and starting over
- The client's relationship with parents changed once she got married

ASSESSMENT AND THEORIES

- Both the client and her children are being affected by the abuse
- The emotional/mental abuse has created a hostile environment
- The client is depressed as was noticed by the client's children
- The client's children are the main motivation for the client seeking help
- Erikson's Stages of Psychosocial Development (Intimacy vs. Isolation)
- The client has several goals as described in the planned and emergency exit strategies.

CODE OF ETHICS

- Informed Consent
- Confidentiality
- Right to safety
- Dignity and Worth of the Person
- Competence

RESEARCH

- Modified Cognitive Behavioral Therapy for survivors of domestic violence
 - Can include “prolonged exposure” to help desensitize them to emotional response to the event
 - Shows great success
 - 87% of women no longer diagnosed with PTSD, 83% of women were in normal range of depression
 - Increased self-esteem, decreased feelings of guilt
 - The intervention also significantly reduced participants’ guilt and increased their self-esteem.
- Things for social workers to look for:
 - Client safety and mental health
 - If the client has prepared a plan

NEXT STEPS

- My recommendation is to put the client in contact with the Family Justice Center
 - They help find safe places for women and children from abusers
 - Provide free counseling and support in court appointments

REFERENCES

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