## SOCW 213 Interviewing Skills 10 Minute Process Recording

Student Name: Samir Khalil Pseudo Client Initials: J. R.

Content-Dialogue	Analysis/Assessment <u>AND</u> Self-correction	Gut-Level Feeling / Response
Samir: Hi, good evening, my name is Samir and	Names and putting client at ease	Was pretty comfortable, had moments where I
I will be your social worker today and you are?		felt like I was going to slip up the words but got
JR: Jonathan, nice to meet you		through it
Samir: Nice to meet you Jonathan! Do you		
have any other name you'd prefer to be called?		
JR: Nope	Close of names and introduction	
Samir: Alright Jonathan, uh, so were you able to find the office alright?	Start of small talk	Uneasy transitioning into small talk
JR: Yeah it was very easy to find		
Samir: Alright, perfect! Is it still raining? Because when I got here this morning it was just pouring.		This has been the only small talk topic that seems to work even though Tennessee has not had rain in awhile
JR: Yeah it's like drizzling here and there but it's pretty good		
Samir: Yeah. I'm not a really big fan of the rain.		
JR: Really? I love rain actually		
Samir: You do? So where do you come from?	Closed-ended question	

JR: I'm from Chicago		
Samir: Oh I'm guessing it rains there a lot?		
JR: Sometimes yeah but I like it when it comes you know		
Samir: yeah		
JR: It's different Samir: I'm used to dryer weather. I like to do a lot of outdoor things. Rains fun and all but kinda restricts things like that	Should have been less dramatic with my hands, didn't notice what I was doing until it was too late	
JR: Understandable		
Samir: Well before we get started into our session, and get too far ahead of ourselves uh, I want to clarify how I work so that you can understand how the session is going to go and you'll have a blueprint of how things are run so you don't get surprised about anything. So this session is going to be about 10 min long, we are going to discuss the ussie you have for today, I'm going to ask you some questions so I can better understand your situation so I can be able to formulate proper feedback for you, however, just as a warning, I'm not going to be giving you advice because you are the expert of your own life, I'm going to be the practitioner to help guide you to find a way that best like	Clarification of work Probably do no need to say some of the things because it was basically repeating myself like "you'll have a blueprint" even though I said, "so you can understand how the session is going to go"	Fairly confident about this section, only issues is I forgot what I was aiming to say, which probably led to me repeating myself the whole way through that

the best solution for you.		
JR: Okay		
Samir: So we're going to work together as a		
team to be able to formulate a goal that's		
going to be a perfect fit for you as you are the		
expert. Do you have any questions before we		
start?		
JR: No		
Samir: Alright perfect. So, what brought you in		Ready to start this, confident and ready
here today?	Exploring client' concerns	
JR: So I have a friend I've known through high		
school, really good friends hung out all the		
time, we could confide in each other but now		
we're in college together and I try to interact		
with her she kind of avoids me or kind of not		
Samir: Mhm, yeah	Minimal cues for actively listening	
JR: But when she needs something from me		
she, she'll contact me. And that's kinda hard		
cause I wanna be her friend but I don't want		
her to use me		
Samir: mhm		
		No idea if this is empathy but let me say it and
JR: Just want to figure out what I can do	<i>Empathy.</i> Would definitely remove the "uh"	hopefully the client feels as if I am trying to be
Samir: yeah that is uh a difficult situation and	from that sentence, ruins the smoothness	empathetic
so basically your friend, you and your friend		

were close and you used to confide in her and talk to her about things and now you're in college together, you seem to be drifting apart and she's kinda avoiding you and you're tying to be friends with her but she's kinda not putting the effort, I suppose, JR: yeah	Paraphrasing Echoing Key words No need for the "I suppose" part. Does not sound like I am fully aware of the situation	
Samir: Also when she needs something though, she'll come back and be your friend and you just don't want to be friends so that she can use you that right?	Clarification	
JR: absolutely yeah		
Samir: mhm, what, do you think you know what caused that?	Open-ended question	
<b>JR:</b> no I can't think of any reason, there wasn't a break or divide		
Samir: yeah and I am guessing you and your friend were very close in high school? And middle school? Or?		I think I know the answer to this, but I want to double check
JR: Just high school		
<b>Samir:</b> Just high school, how long did you know her before, um, you got into high school?	Should not have asked this question, I already asked if above, may have insulted the client as	I am drawing blanks, what should I ask. Panicked and ended up asking the same thing.
JR: I didn't know her before I got into high school	if I wasn't listening to him	Defiantly regretted it after the question was already asked.

Samir: okay and this was more of a sudden		Curious why things dropped so suddenly, but
change that happened?		what is the problem? Is this restricting
		something in his daily life?
JR: mhm		
Samir: okay, and how has that affected your		
daily life, with trying to figure out the		
relationship with your friend, if it's still there or		
not?		
JR: Well it's just comes to mind when I get a		
text or a call from her like can you do		
something for me. Like I'll see her at events		
and she doesn't like interact, does that make		
sense?		
Samir: yeah	Active listening	
<b>JR:</b> if it's happening in that moment, then I'll		
think about it but if it's not then I wont		
		Not getting a lot of named emotions here,
Samir: Okay, so it's more of a when something	Less words. Way too much talking here can be	need to find out some without assuming I
else happens that involves her it comes to	much more concise, "How do you feel when	know what he feels
mind and then you have, what kind of feelings	she talks or texts you?	
are associated when when she does text or		
message you or you see her. What kind of		
feelings do you have when that happens?		
JR: kinda sad, kinda angry at the same time,		
just disappointment		
Samir: okay, so anger sadness, kinda	Reflection	
disappointment because the friendship you		
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JR: rightImage: Samir: mkay, what have you tried so far to try to mend this friendship?Image: Samir: mkay, what have you tried so far to try to mend this friendship?JR: I've tired reaching out and she'll not take the offer but that's pretty much it. Or I'll tag her on Facebook or Instagram and she'll ignore it or even un-tag herself, so it's kinda weird.Here's another attempt, is this going throug as empathy? Really unsure but testing the watersSamir: Yeah it's a difficult situation and you're trying to reach out to her but she's not really accepting you reaching outEmpathyJR: right, yeahImpathy	ıgh
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JR: right, yeah	
Samir: well, I have a rather strange question to	
ask you	
JR: okay	
Samir: so bear in mind, but suppose tonight	
when you go back to your dorm room or your The miracle question I like my twist on this question. I have this	
apartment, and go to bed, you can finally rest, down. Totally confident	
really good rest. Like you completely knock	
out, you're sound asleep. And while you're asleep a miracle happens, but you're asleep so	
you didn't know the miracle had happened. So	
when you wake up in the morning, the miracle	
was that the issue you brought her today is	
completely solved, so when you wake up what	

are you going to notice that's going to tell you that the miracle did happen?		
JR: Probably her initiating us being able to hang		
out or talk on her own instead of me trying to		
trigger something		
Samir: mhm	Active listening	
JR: Or like if I'm in class and she texts me like		
"hey you want to hang out?" and like talk and		
catch up. I think that would be kind of a big		
thing. Just showing up where I am and just being like "hey lets hang out" just something		
like that.		
Samir: So she'd show more interest and initiate conversations	Paraphrase	
JR: yeah		
<b>Samir:</b> rather than you having to do everything, right?	Clarification	
JR: yeah		
Samir: What would she, like what would she		
notice that would be different about you if this miracle did happen?	Follow-up question to Miracle question	
JR: I mean she would definitely see that I'd be		
happier		

Samir: mhm	Active listening	
JR: cause everything would be back to normal, yeah I think that would probably be it		
<ul><li>Samir: would your friends notice something different about you, if you and her were better friends?</li><li>JR: Probably not, only the people that maybe have gone to high school and known about our friendship with us and stuff, other than that I wouldn't think anyone would really notice</li></ul>	Another follow-up question	I do not know who is important to him except his friend who was the problem of the session, so let's see if he responds about his friends Nope, that did not work
<b>Samir:</b> mkay, has, has there been any recent events in the near past where she hasn't been as avoidant, where she was hanging out with you more or texting you more and not just because she wanted something. Like kinda similar to this miracle day, except that happened recently, maybe like the past couple weeks or two months ago?	Exploring for exceptions	
JR: no, not anything that I can recall Samir: mkay, so do you know anything that you could do to be able to, that would, that you think you would be to work to help bring this friendship closer?	Goal-formation	Well that ended abruptly, not sure where to go from here but let's move to goal-formation and strengths
JR: Well I feel like I've done a lot, just in terms of trying to reach out, trying to give her opportunities to hang out with me and you		

know, catch up and do stuff like that, but because she hasn't taken those offers, it's kinda harder to work with, and I've even tried to talk to her friends that she hangs out with a lot more now and I've tried to hang out with them, and they will hang out with me but she won't be there, just stuff like that. So I don't know

**Samir:** Well it seems like we kinda have an idea what you have tried and since our time is running out, um, maybe, if you would like to come again, we can arrange and talk more and explore the situation further and be able to find a better, a good method for you

## JR: okay

Samir: But as a quick recap of the session, you<br/>and your friend are, grew distant. Back in high<br/>school you used to be really close and you used<br/>to hang out a lot but now she kinda avoids you,<br/>but she contacts you when she needs<br/>something and you've already tried to talk to<br/>her and to her friends and that hasn't worked.<br/>And is there anything else I missed?SummaryJR: no that's about right

Samir: Okay, would you like to meet again?

Set plan for future sessions

JR: yeah let's do it

Time is running out, I need to end the session or risk going over without ending the session abruptly

Samir: alright, will next week work?		
JR: yes sounds good		
<b>Samir:</b> okay sounds perfect, thank you for coming, I'll see you then	Close	
JR: alright thank you		