

Nicole Henderson

Case Presentation

By Savannah Grignon

Summary of the Client

Evaluation

- Dec. 5, 2016



Engagement

- Nov. 8, 2016



Intervention

- Nov. 29, 2016



Assessment

- Nov. 14, 2016

Cultural Perspective

Nicole's parents were missionaries overseas while she was young. As a result, Nicole grew up moving around a lot.

This has caused her confusion in her cultural identity because she does not feel a sense of belonging with any particular culture or country.

She feels as though her cultural perspective is a mix of all the places she has lived.



Research

Daily associations among anger experience and intimate partner aggression within aggressive and nonaggressive community couples.

- Participants ($N = 118$ couples) individually provided 56 consecutive, daily reports of affective experience and partner aggression.
- Both actor and partner anger were generally associated with subsequently reported daily conflict
- Increases in daily partner anger were associated with corresponding increases in partner aggression

Relationship self-efficacy protects against mental health problems among women in bidirectionally aggressive intimate relationships with men.

- Determine if **self-efficacy** specific to a **woman's** ability to manage various **relationship problems** played a protective role **against** the severity of PTSD, depression, and anxiety **symptoms among** 354 community-residing **women** who were victimized and used aggression.
- RSE predicted each **mental health** outcome above and beyond what was accounted for by the frequency of physical, sexual, and psychological victimization and aggression.

Critical Thinking Application

- After Assessing Nicole's case, I determined that it would be appropriate for her to receive help in dealing with her aggressive partner.
- Her prior battle with depression coupled with the fact that she's already been in one abusive relationship puts her at risk.
- It was my prerogative to use the strengths perspective to help empower Nicole as we discussed options together.

Future Growth

- It is my long-term goal to continue learning about the many facets of this field.
- To promote future growth, I will spend 30 minutes a week of reading outside of class material to facilitate this.
- It is my goal to continue receiving feedback from my professors and peers so that I may implement it to improve.
- To promote future growth I will take one elective course each semester that will help me reach this goal.

References

- Crane, C. A., & Testa, M. (2014). Daily associations among anger experience and intimate partner aggression within aggressive and nonaggressive community couples. *Emotion, 14*(5), 985-994. doi:10.1037/a0036884
- Sullivan, T. P., McPartland, T., Price, C., Cruza-Guet, M. C., & Swan, S. C. (2013). Relationship self-efficacy protects against mental health problems among women in bidirectionally aggressive intimate relationships with men. *Journal Of Counseling Psychology, 60*(4), 641-647. doi:10.1037/a0033406