

Name: _____

Psychosocial Assessment

Stated reason for visit:

Since intake assessment/last attendance in program, have you wished you were dead or wished you could go to sleep and not wake up? ☐ Yes or ☐ No

Since intake assessment/last attendance in program, have you actually had any thoughts of killing yourself? ☐ Yes or ☐ No

Since intake assessment/last attendance in program, have you been thinking about how you might do this? ☐ Yes or ☐ No

Since intake assessment/last attendance in program, have you had these thoughts and had some intention of acting on them? (As opposed to I have thoughts but would never do anything about them?) ☐ Yes or ☐ No

Since intake assessment/last attendance in program, have you started to work out or worked out the details of how to kill yourself and intend to carry out this plan? ☐ Yes or ☐ No

Since intake assessment/last attendance in program, have you done anything, started to do anything, or prepared to do anything to end your life (collected/hoarded pills, given away valuables, written a suicide note, tried to shoot/cut/hang yourself)? ☐ Yes or ☐ No

Are you having any homicidal or violent thoughts? Please check all that apply.

<input type="checkbox"/> Current	<input type="checkbox"/> None currently
<input type="checkbox"/> Past 6 months	<input type="checkbox"/> None in past 6 months
<input type="checkbox"/> Lifetime	<input type="checkbox"/> None in lifetime

If having homicidal thoughts, please describe thoughts/plans/means/intent.

Do you have possession/access to weapons? ☐ Yes or ☐ No If yes, what kind of weapons? _____

Have you had any alcoholic beverages in the last 12 months? ☐ Yes or ☐ No

How often do you have a drink containing alcohol?

- ☐ Never
☐ Monthly or less
☐ 2-4 times a month
☐ 2-3 times per week
☐ 4 or more times a week

What is the number of alcoholic drinks you typically have in a day, if you are drinking?

- ☐ 1 or 2 ☐ 7 to 9
☐ 3 or 4 ☐ 10 or more
☐ 5 or 6

How often do you have 6 or more drinks on one occasion?

- ☐ Never ☐ 2-3 times per week
☐ Less than monthly ☐ 4 or more times per week
☐ Monthly

What type of alcohol do you use? _____

What is your method for acquiring alcohol? Check all that apply.

- ☐ Barter or trades to obtain
☐ Have others buy for you
☐ Makes own alcohol
☐ Purchases independently
☐ Steals

How often do you drink? _____

When was your last drink? _____

Have you had any problems resulting from your alcohol use?

- ☐ None identified ☐ School Issues
☐ Financial ☐ Social Problems
☐ Legal
☐ Family problems
☐ Loss of job

Do you believe alcohol is a problem for you? ☐ Yes or ☐ No

Have you used any drugs or illegal substances in the last 12 months? ☐ Yes or ☐ No

If Yes, which substance(s) have you used?

- | | | |
|--|---|---|
| <input type="checkbox"/> Amphetamines | <input type="checkbox"/> Fentanyl | <input type="checkbox"/> Methamphetamines |
| <input type="checkbox"/> Barbiturates | <input type="checkbox"/> Heroin | <input type="checkbox"/> Morphine |
| <input type="checkbox"/> Benzodiazepines | <input type="checkbox"/> Hydrocodone | <input type="checkbox"/> Nitrous Oxide |
| <input type="checkbox"/> Cocaine | <input type="checkbox"/> LSD | <input type="checkbox"/> Opium |
| <input type="checkbox"/> Codeine | <input type="checkbox"/> MDMA (ecstasy) | <input type="checkbox"/> Oxycodone |
| <input type="checkbox"/> Crack | <input type="checkbox"/> Marijuana | <input type="checkbox"/> PCP |
| <input type="checkbox"/> Inhalants | <input type="checkbox"/> Buprenorphine | <input type="checkbox"/> Buprenorphine/Naloxone |
| <input type="checkbox"/> Methadone | | |

What is your method for acquiring substances? Please check all that apply.

- ☐ Barter or trades to obtain
- ☐ Have others buy for you
- ☐ Makes own alcohol
- ☐ Purchases independently
- ☐ Steals

How much do you use per week for each substance? _____

When was your last use? _____

Have you had any problems resulting from your drug use?

- ☐ None identified
- ☐ School Issues
- ☐ Financial
- ☐ Social Problems
- ☐ Legal
- ☐ Family problems
- ☐ Loss of job

Do you believe drugs are a problem for you? ☐ Yes or ☐ No

Have you engaged in any addictive behaviors in the past 12 months? ☐ Yes or ☐ No

Please check all that apply below, only check if you engage in these behaviors in an unhealthy way (interferes with your activities of daily living):

- ☐ Eating
- ☐ Pornography
- ☐ Gambling
- ☐ Sex
- ☐ Gaming
- ☐ Shopping
- ☐ Internet

What is your method of engaging in addiction? Please check all that apply.

- ☐ Barter or trades to obtain
- ☐ Have others buy for you
- ☐ Makes own
- ☐ Purchases independently
- ☐ Steals items

How often have you engaged in this addictive behavior? _____

When is the last time you engaged in this addictive behavior? _____

Have you had any treatment for any addictions in your lifetime? If yes, please list prior dates and locations.

Current caffeine use: ____ Yes or ____ No

Types of caffeine:

____ Coffee ____ Tablets
____ Energy Drink/Supplements ____ Tea
____ Soft Drinks

Amount of caffeine per day:

Have you used tobacco products in the last 30 days? ____ Yes or ____ No

Do you have any significant legal issues? ____ Yes or ____ No If yes, please describe.

Do you have any prior psychiatric hospitalizations?

Are you currently attached to any outpatient providers?

Primary Care Physician _____

Individual Counselor _____

Psychiatrist _____

Case Manager _____

Probation/Parole Officer/Lawyer _____

Do you have any family psychiatric history? ____ Yes or ____ No If yes, which family member(s) and what type of mental illness?

Do you have any family history of suicide? ____ Yes or ____ No If yes, which family member(s)?

Do you have any family history of addiction? ☐ Yes or ☐ No If yes, which family member(s)?

What is your marital status?

- | | |
|---|--|
| <input type="checkbox"/> Divorced | <input type="checkbox"/> Single, in relationship |
| <input type="checkbox"/> Domestic Partner | <input type="checkbox"/> Single, not in relationship |
| <input type="checkbox"/> Married | <input type="checkbox"/> Widowed |
| <input type="checkbox"/> Separated | |

Please describe relationship (only choose 1)

- | | |
|------------------------------------|--|
| <input type="checkbox"/> Close | <input type="checkbox"/> Supportive |
| <input type="checkbox"/> Deceased | <input type="checkbox"/> Unstable |
| <input type="checkbox"/> Distant | <input type="checkbox"/> Violent/Abusive |
| <input type="checkbox"/> Estranged | |

Current relationship length: _____

Number of marriages/domestic partnerships: _____

Previous relationship length: _____

Describe any current family circumstances/issues:

Are there any additional relationship issues or stressors? If yes, please elaborate. _____

Do you have any children? ☐ Yes or ☐ No If yes, what are their names ages?

Name: _____

Age: _____

Sex: _____

Location: _____

Name: _____

Age: _____

Sex: _____

Location: _____

Name: _____

Age: _____

Sex: _____

Location: _____

Name: _____

Age: _____

Sex: _____

Location: _____

Describe your relationship with children:

Is your family involved in your care: ____ Yes or ____ No

Describe your family's perception of your illness:

Who do you currently live with?

- | | |
|--|---|
| <input type="checkbox"/> Assisted living | <input type="checkbox"/> Homeless |
| <input type="checkbox"/> Group home | <input type="checkbox"/> Home with others |
| <input type="checkbox"/> Home alone | <input type="checkbox"/> Jail/Prison |
| <input type="checkbox"/> Home with caregiver | <input type="checkbox"/> Nursing home |
| <input type="checkbox"/> Homeless | |

Describe current living situation:

Do you identify with any particular religion? ____ Yes or ____ No If yes, then which one?

Do you have a belief in Higher Power? ____ Yes or ____ No

If yes, please describe your higher power:

Does spirituality/religion play an important role in your life? ____ Yes or ____ No

How does your spirituality/religion influence your health?

Do you have any spiritual/religion conflicts?

Describe typical day?

What do you do when you are bored?

Are there any social groups/community organizations to which you belong?

What is the last grade of school you completed?

Degree/certifications:

☐ None

☐ Associates

☐ Bachelors

☐ GED

☐ High School

☐ Masters

☐ Vocational

Are you currently a student? ☐ Yes or ☐ No

If yes, where are you a currently a student?

Has there been a change in school performance? ☐ Yes or ☐ No

Describe change in school performance:

Describe any learning/behavioral problems:

Describe any recent life transitions.

Are you currently employed? ☐ Yes or ☐ No

Employer: _____

Job Title: _____

Please describe current occupation and job satisfaction.

Do you have any military history? ☐ Yes or ☐ No If yes,

What branch(es): _____

How many years? _____

Discharge type? _____

Year of discharge? _____

Have you experienced any abuse? ☐ Yes or ☐ No

Please check all that apply.

- ☐ Emotional
- ☐ Exploitative
- ☐ Neglect
- ☐ Physical
- ☐ Sexual

What is the timeframe of emotional abuse?

Check all that apply.

- ☐ Current
- ☐ Past 6 months
- ☐ Over lifetime
- ☐ None currently
- ☐ None in past 6 months

What is the timeframe of neglect?

Check all that apply.

- ☐ Current
- ☐ Past 6 months
- ☐ Over lifetime
- ☐ None currently
- ☐ None in past 6 months

What is the timeframe of exploitative abuse?

Check all that apply.

- ☐ Current
- ☐ Past 6 months
- ☐ Over lifetime
- ☐ None currently
- ☐ None in past 6 months

What is the timeframe of physical abuse?

Check all that apply.

- ☐ Current
- ☐ Past 6 months
- ☐ Over lifetime
- ☐ None currently
- ☐ None in past 6 months

What is the timeframe of sexual abuse?

Check all that apply.

- ☐ Current
- ☐ Past 6 months
- ☐ Over lifetime
- ☐ None currently
- ☐ None in past 6 months

Please describe any current/past/or present abuse:

Was the previous abuse ever reported? ☐ Yes or ☐ No If yes, who was it reported to? _____

Have you experienced psychological trauma? ☐ Yes or ☐ No

If yes, what kind(s) have you experienced?

- | | |
|---|---|
| <input type="checkbox"/> Bullying | <input type="checkbox"/> Sexual |
| <input type="checkbox"/> Combat | <input type="checkbox"/> Significant Injury |
| <input type="checkbox"/> Emotional | <input type="checkbox"/> Traumatic family loss |
| <input type="checkbox"/> Life threatening disease | <input type="checkbox"/> Victimization |
| <input type="checkbox"/> Neglect | <input type="checkbox"/> Witness harm to others |
| <input type="checkbox"/> Physical | |

Do you have safety concerns for yourself or others? ☐ Yes or ☐ No

Are these concerns?

- ☐ Current
- ☐ Past 6 months
- ☐ Lifetime
- ☐ None currently
- ☐ None in past 6 months

Please describe safety concerns. _____

Was this concern for safety ever reported? _____

What are your strengths and barriers to recovery?

What are your goals for care, recovery, and discharge?
