

Weekly Field Placement Journal

Name: Tim Burton **Hours worked this week:** 15.25
Week of: March 18- 24, 2019 **Total hours this semester:** 165.67 **Grade:** 10

Please include the following when journaling:

1. Using the journal rubric on eclass, describe *learning activities/experiences* for this past week. Specify the date and time of your required supervision as well as what you did for self care. (Please start at the beginning of the week and describe events chronologically covering each day. Quantity of the description should match total hours accrued. See journal example on eclass.)

This week on Tuesday I listened in on the conference call with the night nurses to get updated reports on patients while driving to visit some of my assigned patients. I did three monthly visits from my caseload, staying about 20-30 minutes at each stop. Two patients were oriented to time, place, and person; and the visits were relatively simple as they were easy to engage. The other patient has advanced Alzheimers, so most of the information I gleaned came from the activities director at the nursing home. After lunch I did the documentation for each visit.

Wednesday started off with the Interdisciplinary Group (IDG) meeting. The physician who was presiding at the meeting always does a good job explaining medical conditions to lay people such as myself. I had my supervision meeting with my field instructor after the IDG meeting and agreed to take on two more patients. I plan to visit them both next week, as they need to be seen before the end of March. I got feedback from my field instructor on documentation and was encouraged that I am doing it correctly. One of the hospice nurses stopped to talk in the hallway about a new nonprofit that she and another nurse are starting for pediatric hospice patients. I am currently creating a pseudo nonprofit for my Administration class and was interested in what she had to say as it relates to my semester-long class project in so many ways. My supervisor and I then went to visit a new hospice patient who is in the hospital and needs to be discharged due to having been there for many days. This was the first hospital visit that I have gone on. The patient was very sick and groaning repeatedly either due to pain or from some kind of involuntary brain response. The hospice chaplain came by while we were there to lead in prayer, and the three of us stood around the man and sang hymns. The patient seemed to calm down a bit while we sang. Before leaving the hospital my supervisor explained the process of documenting the visit in the chart (or notebook) that is kept at the hospital unit. After we returned to our agency office, I did something completely different that exemplifies the variety of tasks (such as singing hymns) that social workers are spontaneously called upon to do: I typed up a letter to a WWE professional wrestling star requesting an autographed picture for one of my elderly hospice patients who is infatuated with the wrestler. We will see if he responds to the request. Wednesday was truly a day filled with variety.

Thursday evening I worked for two hours at the Mustard Tree meal for the area homeless at First Baptist Church in Chattanooga. I am on a monthly rotation to help with this ministry and have done this for about ten years. I helped to supervise the preparation in the kitchen with community and church volunteers and then worked serving the food directly to the clients at their tables before helping to clean up. I often stop to talk to the homeless clients and listen to their stories and problems. Many of them I know by name after doing this for so long. I still see some people that I recognize as clients from my previous internship and remember the importance of confidentiality when I see them.

For self-care this week, I worked in my newly planted spring garden and continued my quest for walking at

least 10,000 steps a day in 2019.

2. For each learning activity/experience, describe how you implemented learning from the coursework. Reference each competency and practice behavior that applies to the learning activities/experiences described (i.e. 1:2 = competency #1 and practice behavior #2). You must cover a minimum of four competencies each week to earn full credit. Please see the rubric and sample on eclass.

| COMPETENCY | PRACTICE BEHAVIOR # | DESCRIPTION OF LEARNING (1-2 SENTENCES) |
|-------------------|----------------------------|--|
| Competency 1: | D | I demonstrated professional oral communication skills while visiting hospice patients and then professionally documented these visits through written communication. |
| Competency 2: | | |
| Competency 3: | A | I volunteered as a leader in feeding area homeless people in downtown Chattanooga. |
| Competency 4: | | |
| Competency 5: | | |
| Competency 6: | B | I engaged with patients on my small caseload while conducting monthly visits. |
| Competency 7: | A | I assessed patients during visits for pain and for any needs that they present. |
| Competency 8: | A | I intervened on behalf of a lonely elderly client and wrote a letter for her. |
| Competency 9: | | |

3. Describe areas of growth or concern to address during supervision (2-3 sentences):

I need to discuss my Learning Plan with my supervisor and get input into incorporating SMART goals into my plan. This is very difficult to do at the beginning of the semester because we don't always know specific time deadlines for Learning Plan activities as things evolve over time.

Task Supervisor's Comments:

Field Instructor's Comments:

2nd (If Applicable) Task Supervisor's Comments:

Director of Field Education's Comments:

HI TIM, IT IS GREAT THAT YOUR FIELD SETTING HAS SO MUCH VARIETY AND THAT YOU ARE BEING EXPOSED TO SO MANY THINGS. THE LETTER YOU WROTE IS AN EXAMPLE TO ME OF HOW SOCIAL WORKERS MAY NEED TO DO WHATEVER IT TAKES TO SUPPORT THE CLIENT WHERE THEY ARE. SO GLAD TO HEAR ABOUT YOUR SPRING GARDEN FOR SELF CARE AND WALKING GOALS.

Student's Signature: (Burton, Tim): Tim Burton Mar 22, 2019 4:44 PM

Task Supervisor's Signature: ():

Field Instructor's Signature: (Kara Avent): Kara Avent,MSSW,MHSA Apr 18, 2019 9:43 AM

Field Director's Signature: (Stephanie Guster): STEPHANIE GUSTER Apr 24, 2019 2:06 PM