

THE POWER OF EMOTIONAL INTELLIGENCE



WHO

The focus will be for students at Bradley County Schools. Teachers will be provided with psycho educational lessons which lasts half a semester (a total of 8 weeks).

WHAT

Social emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.



HOW

SEL program serve to enhance academic outcomes and improve behaviors of the students participating in SEL programs by increasing ability to manage stress and depression, and better attitudes about themselves, others and school (“CASEL Guide,” 2015).

CHALLENGES/OBSTACLES

Potential challenges may include irregular psycho educational groups.



BENEFITS

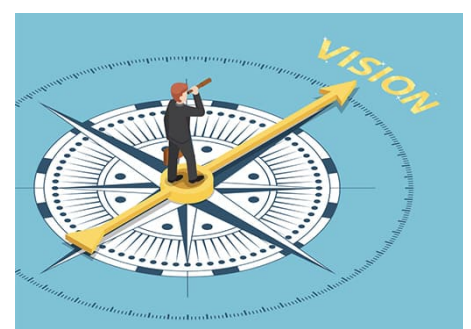
School-based SEL programs (1) enhance students’ social and emotional competencies and classroom behavior; (2) improve attachment and attitudes toward school; (3) decrease rates of violence and aggression, disciplinary referrals, and substance abuse; and (4) improve academic performance (Durlak et al., 2011; Sklad et al., 2012; Zins & Elias, 2006).



VISION FOR BRADLEY COUNTY SCHOOLS

Integrating SEL and instruction: will help

1. Where student direct their attention, what they remember, and what they learn
2. Improved Decision Making
3. Healthy Social Relationships
4. Encourages positive Health
5. Increases Creativity, Effectiveness, and Performance



REFERENCES

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Durlak, J. A., Domitrovich, C. E., Weissberg, R. P., Gullotta, T. P., & Comer, J. P. (2017). Handbook of social and emotional learning: Research and practice. New York: Guilford Press.