


From: Daniel Varela vareladj97@yahoo.com 
Subject:
Date: April 30, 2021 at 12:16 PM
To:

DV



Emotional Inteligence Questionnaire



Daniel Varela

Sun 3/7, 9:18 PM

Lauren Young <Lauren.Young@centerstone.org>; +1 more 

 Reply | 

This message was sent with high importance.

Good Evening Lauren,

I have completed a google forms questionnaire designed to get Centerstone staff thinking about the various competencies of emotional intelligence as they apply to them individually. As a Master's level social work intern, I have been focused primarily on emotional intelligence with clients. I wanted to evoke EI awareness amongst fellow colleagues as well. The questionnaire is focused on evaluating 5 aspects of EI which are self-awareness, managing emotions, motivating oneself, empathy, and social skills.

Please forward this questionnaire to your Centerstone team. Each person should plan to take, at most, 30-45min in completing this survey and I am asking this to be completed by Monday, March 29th. No self-identifying information is asked for during the assessment. The information provided will be confidential and I plan on sharing a report consisting of the teams overall competence of EI. I would greatly appreciate everyones support.

Here is the link: <https://forms.gle/YL3fpGd5rzYhBszQ9>

Kindly,

Daniel J. Varela
MSW School-based Intern