## Journal 2.2

Doing therapy at Bradley Central High School I had one client who was sharing his grieving experience. He shared that his grandmother appeared to him in a dream after her death. I instinctively thought that it could have been another evil spirit trying to appear to him since my beliefs around ghosts are founded in the biblical understanding that the dead know nothing meaning that once his grandmother died her breath returned to God. However, I did not share that belief with my client but having that belief informs my perspective on the potential spiritual aspect that may also interfere with clients' wellbeing. However, there is diversity in clients background of either being religious/nonreligious or spiritual/nonspiritual. In this case I felt that my client was sharing how he really missed his grandmother from his perspective and needed me to listen to him as he grieved.